



TEXAS STATE OPTICAL

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Helpful Information For You

EYEGASSES CARE



Almost 60% of adults wear corrective lenses—after age 65, that number jumps to 93%! So what is the right way to care for your glasses?



Microfiber cloths are best.

They cut through the body oils that cause smudges and are meant to be used dry.

Rinse, soap, rub ... gently.

Wash your lenses and frames daily with lotion-free dish soap. Use a clean cotton cloth, like a dish cloth (not a terry cloth towel), to gently wipe the water away. Follow up with a microfiber cloth.

Stop by the optical shop.

Most shops can sell you a cleaning solution made for eye glasses that won't damage any of the lens coatings. They can also give you a microfiber cloth to carry with you.



Paper products are not ok!

Don't use tissues, paper towels, or toilet paper on your lenses. These can scratch or smear your lenses and leave them full of lint.

No to household cleansers!

Most household cleaners are ammonia based—a big no-no for lenses. These cleaners can damage the protective coatings on your lenses.

What about my shirt?

Ok, ok—if it's all you have. But, clothing is not ideal. Many fabrics are abrasive to lenses, and clothes have dust and oils on them that can lead to scratches, especially when they are dry.